

WHAT'S ON DURING THE HOLIDAYS

GET SOME HALF TERM HAPPY

MONDAY 25TH – FRIDAY 29TH OCTOBER 2021




DISCOVER A WORLD OF FUN THIS HALF TERM

LEISURE CENTRES IN LAMBETH

- Brixton Recreation Centre
- Clapham Leisure Centre
- Herne Hill Lifestyle Centre
- Streatham Ice and Leisure Centre
- Vauxhall Leisure Centre
- West Norwood Health and Leisure Centre

 Download the Better UK app ([Andriod](#) or [Apple](#)) or visit www.better.org.uk

 Follow us on [@better_lambeth](https://twitter.com/better_lambeth)

 Search for your local centre in Lambeth

Book activities online, through the Better app or come in to your local centre and book through a member of our team


Lambeth



BETTER
the feel good place

SWIM FOR ALL



No matter what your fitness ability is our 'Swim for All' sessions are perfect if you're looking to build your confidence, work on your strokes, float away any stress, or just simply want to enjoy a more casual swim with your family and friends.

Brixton Recreation Centre	(TP) Teaching Pool
Monday	10:00 – 15:50 & 11:00 – 15:50 (TP)
Tuesday	10:00 – 15:50 & 11:00 – 15:50 (TP)
Wednesday	10:00 – 15:50 & 11:00 – 15:50 (TP)
Thursday	10:00 – 15:50 & 11:00 – 15:50 (TP)
Friday	10:00 – 15:50 & 11:00 – 15:50 (TP)
Saturday	13:00 – 17:00
Sunday	10:00 – 17:00

Clapham Leisure Centre	(MP) Main Pool : (TP) Teaching Pool
Monday	10:00 – 12:00 & 13:00 – 16:00 (MP) 10:30 – 15:00 (TP)
Tuesday	10:00 – 12:00 & 13:00 – 16:00 (MP) 12:00 – 15:00 (TP)
Wednesday	10:00 – 12:00 & 13:00 – 16:00 (MP) 13:00 – 14:30 (TP)
Thursday	10:00 – 12:00 & 13:00 – 16:00 (MP) 10:00 – 15:00 (TP)
Friday	10:00 – 12:00 & 13:00 – 16:00 (MP) 13:00 – 15:00 (TP)
Saturday	13:30 – 17:00 (TP)
Sunday	10:00 – 17:00 (MP)

Streatham Ice and Leisure Centre	(MP) Main Pool : (TP) Teaching Pool
Monday	13:00 – 15:30 (MP) & 12:00 – 14:00 (TP)
Tuesday	12:30 – 15:30 (MP) & 11:00 – 14:00 (TP)
Wednesday	12:30 – 15:30 (MP) & 11:00 – 15:00 (TP)
Thursday	13:00 – 15:00 (MP) & 11:00 – 14:00 (TP)
Friday	13:30 – 17:30 (MP) & 11:00 – 15:00 (TP)
Saturday/Sunday	12:00 – 18:00 (MP) & 10:00 – 13:00 (TP)

Vauxhall Leisure Centre	
Tuesday	10:30-12:00
Thursday	11:00- 12:20
Sunday	11:30-16:00

West Norwood Health and Leisure Centre	
Monday	13:00 – 15:00
Tuesday	11:00 – 15:00
Wednesday	11:00 – 15:00
Thursday	11:00 – 15:00
Friday	13:00 – 15:00
Saturday	13:30 – 15:00
Sunday	11:00 – 15:00

Listen to the lifeguards

Please listen to our qualified lifeguards. They're experienced, trained and here to ensure everyone has a fun but safe time.

Under 8 or can't swim?

Please stick to shallow water and have a competent adult swimmer with you at all times.

Look after non-swimmers

Please stick to the ratio of two non-swimmers or under 8s to every competent adult swimmer.



SWIM SCHOOL HOLIDAY CRASH COURSES

These crash courses are great for children who are new to swimming or for those wanting to improve on their existing water skills. All courses will run for 5 days from Monday 25th – Friday 29th October 2021.

Clapham Leisure Centre		
	Foundation (Non swimmers 4 yrs+)	08:15 – 08:45
	Foundation (Top up 4 yrs +)	08:45 – 09:15
	Development (15m+ Bronze)	09:30 – 10:00
	Development (15m+ Silver & Gold)	10:00 – 10:30
West Norwood Health and Leisure Centre		
	Foundation	11:00 – 11:30
	Foundation	11:30 – 12:00
Streatham Ice and Leisure Centre		
	Foundation	09:00 – 09:30
	Foundation	09:30 – 10:00
	Foundation	10:00 – 10:30
	Foundation	10:30 – 11:00
Brixton Recreation Centre		
	Foundation	09:00 – 09:30
	Foundation	09:30 – 10:00



**GET SOME
HALF TERM
HAPPY**

**DISCOVER A WORLD OF
FUN THIS HALF TERM**

**FIND YOUR HALF TERM HAPPY
AT [BETTER.ORG.UK/HALF-TERM](https://better.org.uk/half-term)**

CLAPHAM GYMNASTICS CRASH COURSE

LEARN TO FLIP, JUMP AND TWIST THIS HALF TERM!

Not only does gymnastics provide a great opportunity for children to try a new sport, make friends and have fun, but they'll also learn a number of foundation and transferable skills that can be taken into other activities and sports. From balance to hand-eye coordination, gymnastics is an amazing base to work from.

Your safety is of the utmost importance to us. Your cooperation, along with the safety measures and all the efforts from our gymnastics coaches, will help keep your visit safer, better and stronger than ever.



Clapham Leisure Centre		
Monday 25th – Friday 29th October	5 – 11 years	09:00 – 15:00

PUBLIC ICE SKATING – STREATHAM

Whether you are a superstar on ice or just finding your feet, these sessions are suitable for you and the whole family.

All under 8s MUST be accompanied by a skating adult.



Streatham Ice and Leisure Centre		
Monday – Friday	11:15 - 13:15	13:45 – 15:45
Saturday and Sunday	12:00 – 13:45	14:15 – 16:00



JUNIOR MEMBERSHIPS

Why not become a member to access your local leisure centre as many times as you like with our pay monthly or pay and play options.

<p>Better Health Junior</p> <p>£15.20 per month</p> <p>What's included - Fitness classes Gym Racquets Swim</p> <p>Access: Borough No. of centres: 7 Type: All inclusive</p>	<p>Better Health Junior</p> <p>£12.95 per month</p> <p>What's included - Fitness classes Gym Racquets Swim</p> <p>Access: Borough No. of centres: 7 Type: All inclusive</p>	<p>Pay & Play</p> <p>£5.60 per year</p> <p>What's included - Fitness classes Gym Racquets Swim</p> <p>Access: Borough No. of centres: 7 Type: Pay and play</p>
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For more information on memberships and activity prices log on to www.better.org.uk or download our BETTER app.

JUNIOR GYM (11 – 15 YEARS)

Junior Gym offers a structured and specifically catered introduction to use the gym for 11-15 year olds. Our Fitness instructors will give participants a programme of activities to meet their individual goals, including use of cardiovascular and core strength equipment.



Brixton Recreation Centre	
Monday - Friday	10:00 – 14:00
Saturday/Sunday	10:00 – 12:00

Clapham Leisure Centre	
Monday – Friday	10:00 – 14:00
Saturday/Sunday	10:00 – 14:00

Herne Hill Lifestyle Centre	
Monday – Friday	16:00 – 18:00
Saturday/Sunday	12:30 – 15:00

Streatham Ice and Leisure Centre	
Monday – Friday	15:30 – 17:30
Saturday/Sunday	15:30 – 17:30

Vauxhall Leisure Centre	
Tuesday/Thursday/Friday	10:30-12:30 and 15:30-17:30
Saturday/Sunday	12:30-14:30

West Norwood Health and Leisure Centre	
Monday – Friday	12:00 – 15:00
Saturday – Sunday	10:00 – 12:30



**GET SOME
HALF TERM
HAPPY**

**TURN UP THE FUN AT
OUR JUNIOR GYM SESSIONS**

**FIND YOUR HALF TERM HAPPY
AT [BETTER.ORG.UK/HALF-TERM](https://better.org.uk/half-term)**



SOFT PLAY (for under 7s)

Streatham Ice and Leisure Centre Brixton Recreation Centre

Our soft play areas are ideal for those rainy days and those times where you want to spend some quality time with the children. Children must wear socks at all times and be supervised by parents.

Streatham Ice and Leisure Centre - (capacity of 15 per session)			
Mon, Wed, Fri	10:00-11:00	12:00-13:00	14:00-15:00
Saturday	10:00-11.00	(Subject to birthday party bookings)	
Sunday	10:00-11.00	(Subject to birthday party bookings)	

Brixton Recreation Centre			
Monday – Friday	10:00 – 19:00	Saturday/Sunday	10:00 – 17:00

HOLIDAY CLUB (5 – 12 YEARS**)

Our Holiday Clubs offer high quality care with an emphasis on FUN. We aim to do more than just keep the children occupied by providing a wide range of activities that truly offer something for everyone!

Children over the age of 8 also have the option of swimming.

Children should wear comfortable clothes and trainers to maximise interaction. Please ensure that your children have a packed lunch full of healthy foods (no fizzy drinks) as we have no café facilities and ensure they have plenty water.

****PLEASE NOTE: Due to the holiday clubs Ofsted registration we can only accept children from the 1st September following their 5th birthday (school year 1 onwards).**

Brixton Recreation Centre (5 – 12 years)*	
Monday 25 th – Friday 29 th October	09:00 – 17:00*
*We also offer early drop off between 08:00-09:00 and late pick up between 17:00-18:00 for an additional fee.	
Streatham Ice and Leisure Centre (5 – 11 years)	
Monday 25 th – Friday 29 th October	09:00 – 17:00



WHERE TO FIND YOUR HOLIDAY ACTIVITIES

To find out more about the other activities and programmes available at your local centre featured in this programme, log in to www.better.org.uk, download our Better UK app or pop in to your local centre and speak to one of our team.



BRIXTON RECREATION CENTRE

27 Brixton Station Road, London, SW9 8QQ

Tel: 0330 123 1500

Email: Brixton@gll.org

Web: www.better.org.uk/brixton

Train: Brixton

Tube: Brixton (Victoria Line)

Bus: 2, 3, 35, 45, 109, 118, 133, 250, 333, 432

Parking: Pay and display off-street parking

Bikes: Ten bicycle racks available



CLAPHAM LEISURE CENTRE

141 Clapham Manor Street, London SW4 6DB

Tel: 0330 123 1500

Email: Clapham@gll.org

Web: www.better.org/clapham

Train: Clapham High Street

Tube: Clapham Common, Clapham North

Parking: Two disabled parking spaces and Pay and display Off-Street parking

Bikes: Nine bicycle racks available



HERNE HILL LIFESTYLE CENTRE

Ferndene Road, London, SE24 0AG

TEL: 0330 123 1500

Email: HerneHill@gll.org

Web: www.better.org.uk/herne-hill

Train: Loughborough Junction, Denmark Hill

Bus: 42, 68, 468, N68, P4

Parking: Street parking is available

Bikes: Twelve bicycle racks available



STREATHAM ICE AND LEISURE CENTRE

390 Streatham High Road, Streatham, SW16 6HX

Tel: 0330 123 1500

Email: Streatham@gll.org

Web: www.better.org.uk/Streatham

Train: Streatham, Streatham Hill, Streatham Common

Bus: 50, 109, 118, 133, 159, 249, 250, 255, G1, P15, N133

Parking: 138 spaces, disabled bays available

Bikes: Storage for 16 bikes



VAUXHALL LEISURE CENTRE

50 South Lambeth Road, Vauxhall, London, SW8 1DY

Tel: 0330 123 1500

Email: Vauxhall@gll.org

Web: www.better.org.uk/vauxhall-leisure-centre

Train: Vauxhall

Tube: Vauxhall (Victoria Line)

Bus: 2, 88

Bikes: Storage for 32 bikes available



WEST NORWOOD HEALTH AND LEISURE CENTRE

25 Devane Way, West Norwood, London, SE27 0DF

Tel: 0330 123 1500

Email: WestNorwood@gll.org

Web: www.better.org.uk/westnorwood

Train: West Norwood

Bus: 2, 68, 196, 315, 322, 432, 468, X68

Bikes: Storage for 44 bikes available

Parking: Pay and Display surrounding roads

